

# **BC OPEN**

# **JUDO 25**

**Veterans  
Newaza  
Seniors  
Kata**

**U18  
U14,U16  
U10,U12  
Petit Samurai**

**April 25-26, Vernon BC**



**[vernonjudoclub.ca/bco](http://vernonjudoclub.ca/bco)**



## BC OPEN (Apr 10 Rev)

Tournament Directors: George Okazaki 4<sup>th</sup> dan, Rick Pollon 4<sup>th</sup> dan  
Registrar: Aubrey Comley 4<sup>th</sup> dan

The Vernon Judo Club is delighted to once again welcome all Judoka to participate in our Annual Open Junior, Senior and Veteran Judo Tournament.

The BC Open is sanctioned by Judo BC.

**DATES:** Friday April 25 (Kata) & Saturday April 26 (Shiai) 2025

Shiai AM: U12, U10, U14, U18

Break for Kodomo no Kata and Petit Samurai

Shiai PM: U16, Senior, U21, Veteran and Sr Newaza

**LOCATION:** Vernon Curling Club, 3400-39<sup>th</sup> Ave Vernon, BC

**START TIME:** 10:00 am

**REFEREE CLINIC:** 9:30 am

**HEAD REFEREE:** Bruce Fingarson, National A Referee

**ENTRY FEES:** **SHIAI** \$55 per entry (or \$45 for U10/U12) online only. Contestants entering a second division pay an additional \$30, with participation limited to two divisions (plus Newaza) if eligible. For **KATA**, the fee is \$55 per team or \$30 for a second kata division. **Petit Samurai** is free with proof of Judo BC membership (confirmed through Trackie Registration). Register online for participation certificate.

Rates listed for early (before March 27) registration. Rates go up for regular (**April 17**) and final (April 24) deadlines.

Payment online can be refunded manually, less an amount to cover online processing fees. *If in doubt, email address below before submitting online.*

Email questions to [vernonjudo@gmail.com](mailto:vernonjudo@gmail.com). Registration links available through [trackie.com](http://trackie.com) or under Events at [vernonjudoclub.ca](http://vernonjudoclub.ca).

**ADMISSION:** By donation for those not competing or volunteering

**ELIGIBILITY:** All participants must be in good standing with their respective Judo organizations. For all out-of-province contestants, the attached waiver form must be completed and signed by the competitors and, in the case of minors (under 19 years of age), by their parent/guardian. Veteran entrants (30 years of age and older) must complete attached medical form.

**ENTRY LISTS:** Please enter each contestant's information completely and accurately on the entry list(s), especially the **exact weight in Kg.** Accurate weight is needed for preliminary sorting. **All divisions except Kata and Petit Samurai are still required to weigh in at venue or a remote weigh-in dojo (between 5 and 7pm on Thursday Apr 24), where a single email is to be sent in by club by midnight that night.**

**DRAWS:** **Canadian modified double elimination for divisions with 8 or more competitors.** Two pool elimination for divisions with 6 or 7 competitors. Divisions with five (5) competitors or less will compete in a round robin.  
**RULES FOR ROUND ROBIN**

- Three to Five (3-5) contestants – if tied, by wins first, then by points.
- Two (2) contestants – best two out of three wins.

**ONE COMPETITOR.**

- May accept medal for division OR compete in the next higher weight or age division if desired, with permission of coach.

**RULES:** The BC OPEN TOURNAMENT will be governed by current:

- IJF Refereeing Rules
- Judo Canada and Judo BC Modifications
- Judo Canada Sanctioning Policy and Tournament Standards

If a conflict should arise, the decision of the member(s) of the Judo BC Referee Committee in attendance will prevail.

**Notes:**

- a) Any competitor diagnosed with a concussion in the past 12 months must have a letter of clearance to participate from a physician.
- b) U10-U14 Divisions, novice and veterans: greater leniency will be allowed for medical interventions. Modified fair play used for U10-U12.
- c) No *kansetsu* or *shime waza* for matches where a yellow or orange belt competes against a green belt or higher.
- d) Rest time for competitors for next contest will be equal to match time.
- e) White judogi mandatory. Blue gi is encouraged but only to be worn by competitor called second. Both White and Blue judogi required for competitors U16 and older—this requirement waived for any novice (yellow and orange belt) competitors.

## REFEREE

**EVALUATION:** Provincial-level referee evaluations to be held. Email [referee@judobc.ca](mailto:referee@judobc.ca) for details.

**WEIGH-IN:** **(Apr 7 Rev) ALL CONTESTANTS** must weigh in by their designated times for their respective divisions. Divisions are as designated by Judo Canada standard for Juvenile, Junior and Senior men and women. **On site, early weigh-in available as described below.**

**Early weigh-in:** FRIDAY, APRIL 25, 2025  
6:00 p.m. to 9:00 p.m. at the tournament site.

**NEW remote weigh-in 5-7PM is available at select dojos as described above [Just one email per club for all registered club athletes] accepted by email to [vernonjudo@gmail.com](mailto:vernonjudo@gmail.com) by midnight April 24. We recommend contestants take advantage of email or Friday early weigh-ins.**

**Weigh-in Saturday April 26, 2025** at the tournament site  
7:00 am to 7:30 am: - unofficial weigh-in for all competitors  
7:00 am to 8:00 am: official weigh-in for "AM" **U10, U12, U14, U18 divisions**  
8:00 am to 9:00 am: official weigh-in for "PM" **U16, U21, Senior, Veteran, Newaza**  
***Priority given to divisions/times above to ensure event can start on time.***

**KATA:** **(Apr 7 Rev) Competition starts 7PM Friday April 25 (Except Kodomo as below):**  
There are seven kata divisions:

3-Set Nage no Kata [Intended for mudansha/not a yudansha points division]  
5-Set Nage no Kata  
Goshin Jutsu  
Ju no Kata  
Katame no Kata  
Kime no Kata  
Kodomo no Kata [Held Saturday between AM events and Petit Samurai]

**Notes:** The 3-Set Nage no Kata is ideal for competitors blue belt and under. Medals will not be awarded to kata teams scoring less than 50%

***When entering Uke for kata, include Judo Canada number and year of birth [e.g. Chris Smith (JC#123456 1975)].***

**Petit Samurai:** Session to be held Saturday between morning and afternoon shiai sessions. Group practice open to judo BC members U12 and younger, any belt level. Register through trackie and judogi must be worn.

**NEWAZA:** Senior Novice (Yellow and Orange) and Regular (Green, Blue, Brown and Black) divisions.

**DIVISIONS:** For a list of divisions, refer to **DIVISION LIST**.  
The Tournament Director reserves the right to alter, change or cancel any division(s).

## 2025 BC OPEN SHIAI DIVISION LIST (Apr 7 Rev)

All weights listed in kg. Divisions without minus or plus weight limits listed are divided into groups based on  $\pm 15\%$  competitor weight. Tournament director may combine divisions with less than 5 competitors, based on  $\pm 15\%$  weights.

|                |                                                                                                                                                                                                                                                                                                                                          |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>U10</b>     | <b>BORN 2016 &amp; 2017</b><br>Yellow Belt Minimum                                                                                                                                                                                                                                                                                       |
| <b>U12</b>     | <b>BORN 2014 &amp; 2015</b><br>Yellow Belt Minimum                                                                                                                                                                                                                                                                                       |
| <b>U14</b>     | <b>BORN 2012 &amp; 2013 (EARLY BLOOMER 2014)</b><br>Yellow Belt Minimum<br><b>Male:</b> -32, -35, -38, -42, -46, -50, -55, -60, -66, +66<br><b>Female:</b> -30, -33, -36, -40, -44, -48, -52, -57, -63, +63                                                                                                                              |
| <b>U16</b>     | <b>BORN 2011 &amp; 2010 (EARLY BLOOMER 2012)</b><br>Novice: Yellow, Orange / Advanced: Green Belt Minimum<br><b>Male:</b> -38, -42, -46, -50, -55, -60, -66, -73, +73<br><b>Female:</b> -36, -40, -44, -48, -52, -57, -63, -70, +70                                                                                                      |
| <b>U18</b>     | <b>BORN 2008 - 2010 (EARLY BLOOMER 2011)</b><br>Green Belt Minimum<br><b>Male:</b> -50, -55, -60, -66, -73, -81, -90, +90<br><b>Female:</b> -40, -44, -48, -52, -57, -63, -70, +70                                                                                                                                                       |
| <b>U21</b>     | <b>BORN 2005 - 2010 (EARLY BLOOMER 2011)</b><br>Blue Belt Minimum<br><b>Male:</b> -60, -66, -73, -81, -90, -100, +100<br><b>Female:</b> -48, -52, -57, -63, -70, -78, +78                                                                                                                                                                |
| <b>SENIOR</b>  | <b>BORN 2010 AND EARLIER (EARLY BLOOMER 2011)</b><br>Novice: Yellow, Orange / Intermediate: Green, Blue / Advanced: Brown, Black<br><b>Male:</b> -60, -66, -73, -81, -90, -100, +100<br><b>Female:</b> -48, -52, -57, -63, -70, -78, +78                                                                                                 |
| <b>VETERAN</b> | <b>BORN 1995 AND EARLIER*</b><br>Blue Belt Minimum<br><b>Male:</b> -73, -81, -90, -100, +100<br><b>Female:</b> -48, -52, -57, -63, -70, -78, +78<br><small>* The combination of the age and weight categories will be based on the number of participants registered.</small>                                                            |
| <b>NEWAZA</b>  | <b>BORN 2010 AND EARLIER</b><br>Novice: Yellow, Orange / Advanced: Green, Blue, Brown, and Black<br><b>Male:</b> -73, -90, +90<br><b>Female:</b> -52, -70, +70                                                                                                                                                                           |
| <b>KATA</b>    | <b>NAGE**</b><br>U16: Orange Belt Minimum / U21: Orange Belt Minimum / Senior: Orange Belt Minimum<br>**3 sets for U21 and under, 5 sets for Senior<br><b>KATAME, JU, GOSHIN-JUTSU, KIME</b><br><b>KODOMO-NO-KATA SET 1 TO 7***</b> U10/U12/U14/U16 – Yellow Belt Minimum<br>***Participants can choose 1 set they would like to present |

**Out-of-Province Release Form  
2025 BC Open Judo Tournament  
April 25-26, 2025**

**Adult Competitor:**

I, \_\_\_\_\_ of the \_\_\_\_\_ judo club, recognize that the sport of judo is a full contact, competitive sport in which coincidental injuries may occur. I agree to hold blameless other competitors, the BC Open Judo Tournament, tournament volunteers and officials, Judo BC, the venue and organizing and participating clubs for any injury I may suffer. I know from my study of judo that injuries can be a normal consequence of competition. I know of no physical disability or impairment that would preclude me from competing in this tournament.

Signature: \_\_\_\_\_

Dated: \_\_\_\_\_

At: \_\_\_\_\_

Witnessed: \_\_\_\_\_

**Parent/Guardian (In cases where competitor is 18 years or younger):**

I, \_\_\_\_\_, acknowledge that I am the lawful parent/guardian of \_\_\_\_\_ and have read the above waiver of liability and acknowledge that the study of judo and related competition may result in injury. I understand that my son/daughter wishes to compete in the BC Open Judo Tournament and, to the best of my knowledge, does not suffer from any physical disability or impairment that might preclude his/her participation in judo. I agree to hold blameless other competitors, the BC Open Judo Tournament, tournament volunteers and officials, Judo BC, the venue and organizing and participating clubs for any injury my son or daughter may suffer. I consent to his/her participation.

Signature: \_\_\_\_\_

Dated: \_\_\_\_\_

At: \_\_\_\_\_

Witnessed: \_\_\_\_\_

# MASTERS (IJF VETERANS) MEDICAL FORM

For Competitors Born 1995 and Older

- Use of high quality mouth guards is recommended during competition and other forms of sparring.
- L'utilisation d'un protégé buccal synthétique de qualité est recommandée lors de la compétition et autres formes d'entraînement.

## MEDICAL SUMMARY FORM FORMULAIRE DE SOMMAIRE MEDICAL

\*Information to be used for medical screening and emergency.  
\*L'information ne sera utilisée que pour dépistage ou en cas d'urgence médicale.

### Personal Information Information Personnelle

Family Name | Nom de famille

Name | Prénom

Address | Adresse

City | Ville

Province

Postal code | Code postal

DJ / MM / YYAA

DOB | Date de naissance

Phone # Téléphone

Male ☐ Homme

Female ☐ Femme

Age division  
Division d'âge

Weight category  
Catégorie de poids

Province of Registration | Province d'affiliation

### Emergency Contact Contacte en cas d'urgence

Emergency contact name | Nom de la personne à contacter

Relationship | Lien de parenté

Home phone # - Téléphone à la maison

Work phone # - Téléphone au travail

### Significant injuries or treatments Blessures ou traitements importants in the last 6 months | dans les 6 dernier mois

Details:

## Medical Information Information Médicale

Medicare # Assurance maladie

Province

DJ / MM / YYAA

Expiry date d'expiration

Blood type | Type sanguin

N Y|O

Do you wear glasses/contacts? ☐

☐

Portez-vous des lunettes/verres correcteurs? ☐

☐

Medication | Médication ☐

☐

Details:

Allergies ☐

☐

Details:

Recent weight loss | Perte de poids récente ☐

☐

Kg:

Recent concussion | Commotion récente ☐

☐

Date:

DJ / MM / YYAA

## Medical History Problèmes Médicaux

N Y|O

Head injury | Blessure à la tête ☐

☐

Seizure/Convulsion | Convulsion ☐

☐

Heart problems | Troubles cardiaques ☐

☐

High blood pressure | Haute tension ☐

☐

Blood/bruising problems | Problèmes  
sanguins/Ecchymose ☐

☐

Asthma | Asthme ☐

☐

Diabetes | Diabète ☐

☐

Menstrual problems | Problèmes menstruels ☐

☐

Abdominal problems | Problèmes abdominaux ☐

☐

Heat/Dehydration | Bouffée de  
chaleur/Déshydrations ☐

☐

Anaphylaxis | Anaphylaxie ☐

☐

Skin Disorders/Lesions ☐

☐

Problèmes cutanés/lésions

If yes | Si oui

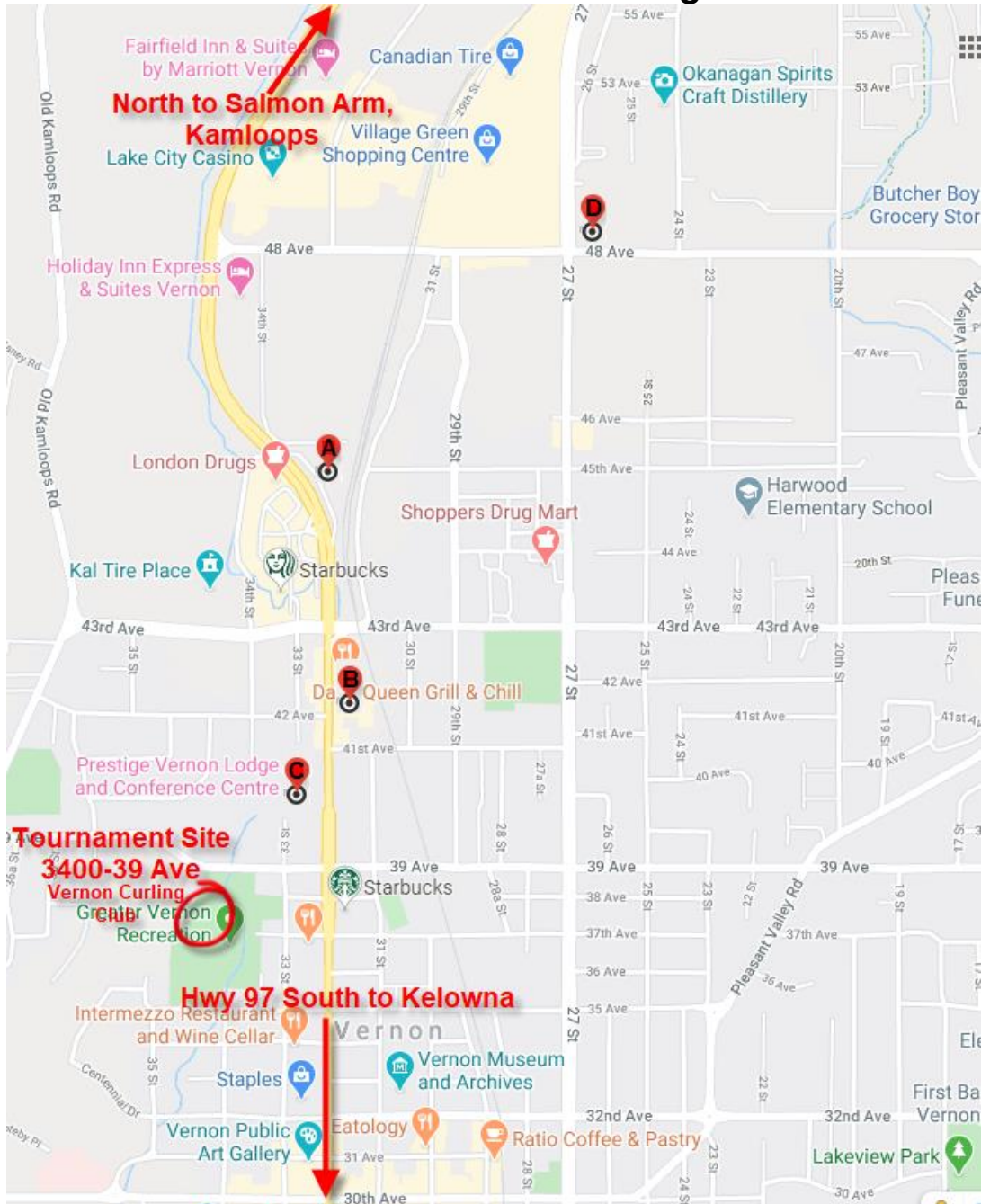
Details:

Athlete signature | Signature de l'athlète

Witness | Témoin



## Accommodation Listings



| Map | Hotel                | Address           | Phone        | Online Rate* |
|-----|----------------------|-------------------|--------------|--------------|
| A   | Prestige Hotel       | 4411-32 St        | 250-558-5991 | \$168        |
| B   | Sandman Inn          | 4201-32 St        | 250-542-4325 | \$115        |
| C   | Vernon Lodge         | 3914-32 St        | 250-545-3385 | \$180        |
| D   | Divya Sutra Plaza    | 4801-27 St        | 250-542-3321 | \$68         |
| E   | Best Western Pacific | 4790-34 St        | 250-558-1800 | \$124        |
| F   | Fairfield Inn        | 5300 Anderson Way | 250-260-7829 | \$197        |
| G   | Holiday Inn Express  | 4716-34 St        | 250-550-7777 | \$166        |
| H   | Quality Inn & Suites | 4204-32 St        | 236-599-0996 | \$144        |

\*Sampling of nightly rates online as of March 10th. Book early for the best rates.  
Prices above do not include taxes.